







#### TRICGER WARNING

THIS CONFERENCE SESSION INCLUDES DISCUSSIONS ON **ABUSE**, **SUICIDE**, AND INCLUDES **STRONG LANGUAGE**.

ATTENDEES ARE ADVISED THAT SOME CONTENT MAY BE TRIGGERING OR DISTRESSING. PLEASE PRIORITIZE YOUR WELL-BEING AND SEEK SUPPORT IF NEEDED





## WHERE AM I?



## HOW DID I END UP HERE?



## WHAT DO I WEAR?



## WHO AM I NOW?



## OUTCOME OBJECTIVES:

Participants will be able to:

Participants will be able to define and explain Autistic Nature

Participants will be able to:

Participants will be able to Prioritize Safety and Well-being

Participants will be able to:

Participants will be able to Establish and Maintain Personal Boundaries

Participants will be able to:

Participants will be able to Recognize Self-Value

Participants will be able to:

Participants will be able to Mindfully Count Wins



#### PEACE COMES IN PIECES





## THE BIG BOOK



















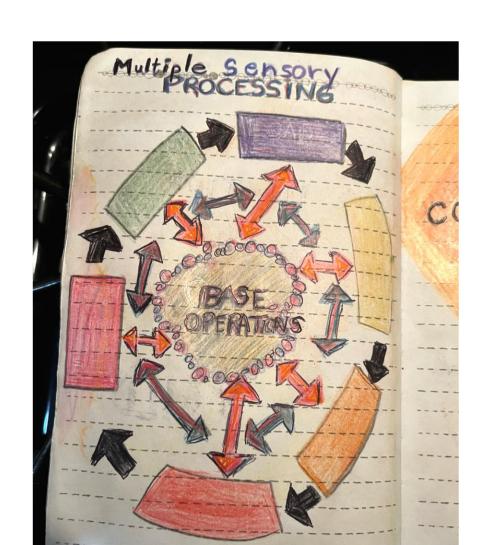


## CASE UPDATE



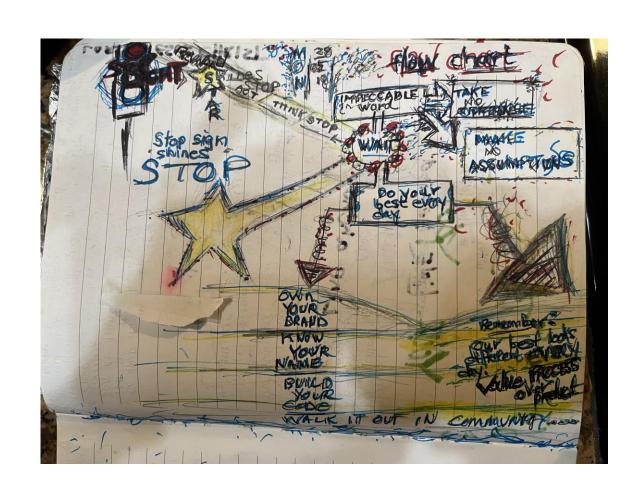


#### MULTIPLE SENSORY PROCESSING





#### POST DIAGNOSTIC BRAIN HACKS



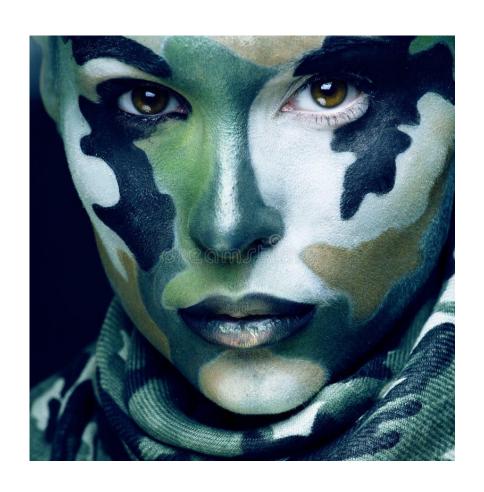


## AUTISTIC NATURE





## CAMOUFLAGING



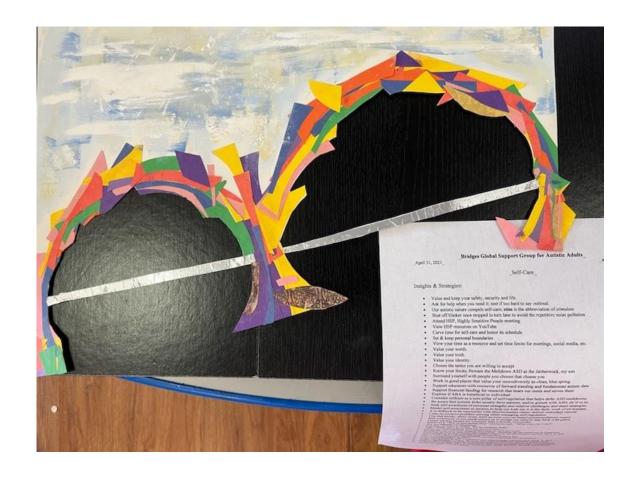


## MASKING





## BRIDGES





# MIRROR MIRROR: AUTHENTIC AUTISTIC ADULTS SPEAK THE TRUTH OUT LOUD





## GO BAG





## TOOL KIT





#### M\*A\*S\*H: SUICIDE IS PAINLESS





## MY BIG, MEAN BROTHER



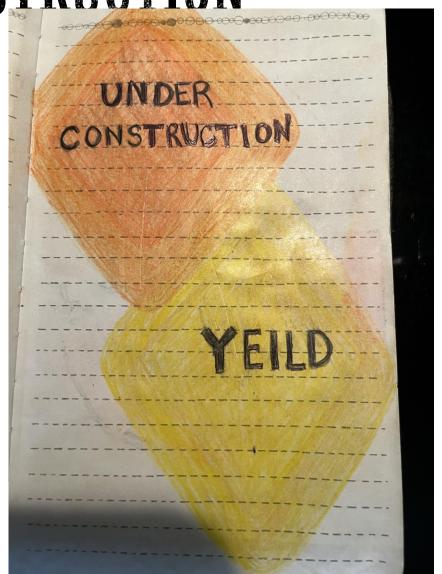


#### 988: NATIONAL SUICIDE & CRISIS LIFELINE





UNDER CONSTRUCTION





#### PEACE COMES IN PIECES

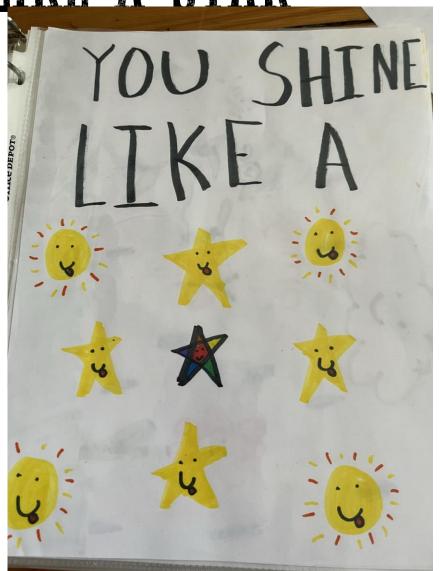








YOU SHINE LIKE A STAR



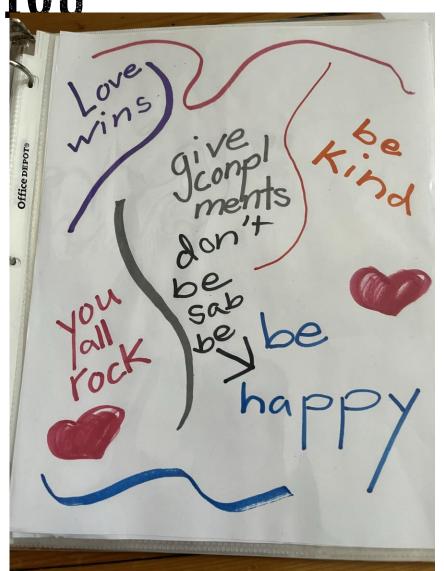


## YOU GO!



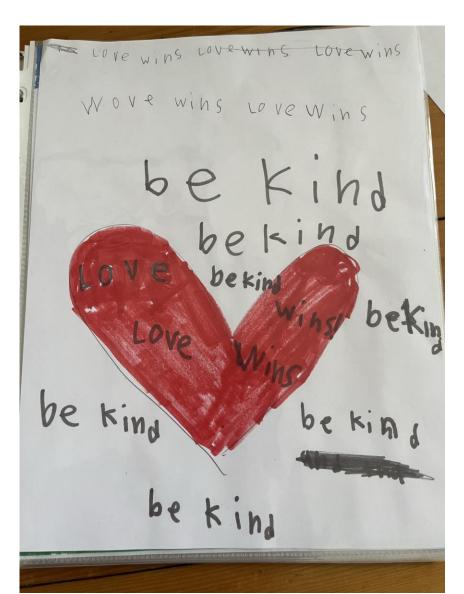


BE KIND TO YOU



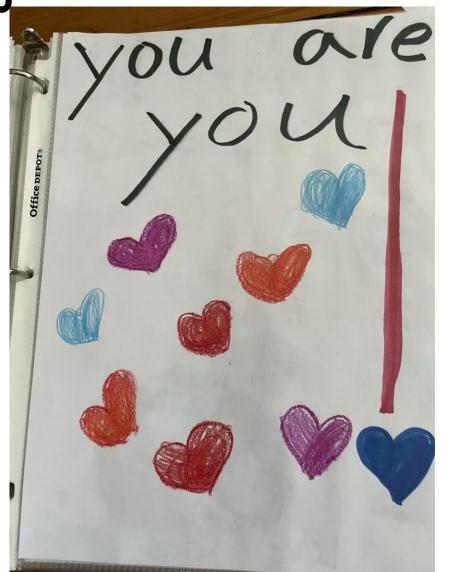


#### WOVE WINS!





YOU ARE YOU



## GO YOU!





#### MY NAME IS PEACE MEADE BROD



